



## 2025 Clinical Guideline Reference (ver. 04-2025)

### **Allergic Rhinitis**

American Academy of Allergy, Asthma & Immunology

<https://www.aaaai.org/Aaaai/media/Media-Library-PDFs/Allergist%20Resources/Statements%20and%20Practice%20Parameters/Rhinitis-2020-A-practice-parameter-update.pdf>

### **Anti-thrombotic therapy**

American College of Chest Physicians

<http://www.chestnet.org/Guidelines-and-Resources/CHEST-Guideline-Topic-Areas/Pulmonary-Vascular>

### **Asthma**

Global Initiative for Asthma (2024)

<https://ginasthma.org/2024-report/>

2020 Focused Updates to the Asthma Management Guidelines

<https://www.nhlbi.nih.gov/resources/2020-focused-updates-asthma-management-guidelines>

### **Bronchiolitis**

The American Academy of Pediatrics (AAP) Clinical Practice Guideline

<https://publications.aap.org/pediatrics/article/134/5/e1474/75848/Clinical-Practice-Guideline-The-Diagnosis>

### **Chronic Obstructive Pulmonary Disease**

Global Initiative for Chronic Obstructive Lung Disease 2023 Report: GOLD Executive Summary

<https://www.atsjournals.org/doi/10.1164/rccm.202301-0106PP>

### **Dermatology**

American Academy of Dermatology Guidelines:

<https://www.aad.org/member/clinical-quality/guidelines>

### **Diabetes**

American Association of Clinical Endocrinology (AACE) Diabetes Guidelines (2023)

<https://pro.aace.com/clinical-guidance/2023-aace-consensus-statement-comprehensive-type-2-diabetes-management-algorithm>



AACE Clinical Practice Guideline: Developing a Diabetes Mellitus Comprehensive Care Plan (2022 Update)

[https://www.endocrinepractice.org/article/S1530-891X\(22\)00576-6/fulltext](https://www.endocrinepractice.org/article/S1530-891X(22)00576-6/fulltext)

American Diabetes Association Standards of Care in Diabetes (2025)

[https://diabetesjournals.org/care/issue/48/Supplement\\_1](https://diabetesjournals.org/care/issue/48/Supplement_1)

### **Hypertension:**

2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines

[https://www.jacc.org/doi/10.1016/j.jacc.2017.11.006?\\_ga=2.12017524.1332183804.1519757594-1153787042.1518463104](https://www.jacc.org/doi/10.1016/j.jacc.2017.11.006?_ga=2.12017524.1332183804.1519757594-1153787042.1518463104)

2020 International Society of Hypertension Global Hypertension Practice Guidelines

<https://www.ahajournals.org/doi/10.1161/HYPERTENSIONAHA.120.15026>

### **Hyperlipidemia**

2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults

<https://www.ahajournals.org/doi/10.1161/01.cir.0000437738.63853.7a>

2022 ACC Expert Consensus Decision Pathway on the Role of Nonstatin Therapies for LDL-Cholesterol Lowering in the Management of Atherosclerotic Cardiovascular Disease Risk: A Report of the American College of Cardiology Solution Set Oversight Committee

<https://www.jacc.org/doi/10.1016/j.jacc.2022.07.006>

### **Immunizations**

Center for Disease Control and Prevention

*Adults*

<https://www.cdc.gov/vaccines/hcp/imz-schedules/adult-age.html>

*Pediatrics*

<https://publications.aap.org/redbook/pages/Immunization-Schedules?autologincheck=redirected>



## **Infectious Disease Society of America**

[https://www.idsociety.org/practice-guideline/practice-guidelines/#/+/0/date\\_na\\_dt/desc/](https://www.idsociety.org/practice-guideline/practice-guidelines/#/+/0/date_na_dt/desc/)

## **Insomnia**

Behavioral and psychological treatments for chronic insomnia disorder in adults: an American Academy of Sleep Medicine clinical practice guideline (2021)

<https://jcsa.aasm.org/doi/10.5664/jcsa.8986>

## **Low Back Pain:**

[https://www.acpjournals.org/doi/10.7326/M16-](https://www.acpjournals.org/doi/10.7326/M16-2367?_ga=2.213892817.411412389.1718901884-438147933.1718901883)

[2367?\\_ga=2.213892817.411412389.1718901884-438147933.1718901883](https://www.acpjournals.org/doi/10.7326/M16-2367?_ga=2.213892817.411412389.1718901884-438147933.1718901883)

## **Mental Health**

### *Adults*

American Psychiatric Association Practice Guidelines

<https://psychiatryonline.org/guidelines>

### *Pediatrics*

American Academy of Child & Adolescent Psychiatry (AACAP) Guidelines and Parameters

[https://www.aacap.org/AACAP/Resources\\_for\\_Primary\\_Care/Practice\\_Parameters\\_and\\_Resource\\_Centers/Practice\\_Parameters.aspx](https://www.aacap.org/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Practice_Parameters.aspx)

## **Migraine**

American Academy of Neurology (AAN) and American Headache Society (AHS)

### ***Adults:***

Pharmacologic Treatment of episodic migraine prevention in Adults

<https://www.neurology.org/doi/10.1212/wnl.0b013e3182535d20>

The American Headache Society Consensus Statement: Update on integrating new migraine treatments into clinical practice (2021)

<https://headachejournal.onlinelibrary.wiley.com/doi/10.1111/head.14153>

### ***Pediatrics:***

Evaluation of children and adolescents with recurrent headaches

<https://www.neurology.org/doi/10.1212/wnl.59.4.490>

Practice Guideline Update: Pharmacologic Treatment of Pediatric Migraine Prevention

<https://www.neurology.org/doi/10.1212/WNL.0000000000008105>



Practice Guideline Update: Acute Treatment of Migraine in Children and Adolescents  
<https://www.neurology.org/doi/10.1212/WNL.0000000000008095>

### **Obesity**

American Association of Clinical Endocrinologists and American College of Endocrinology  
Comprehensive Clinical Practice Guidelines For Medical Care of Patients with Obesity (2016)

[https://www.endocrinepractice.org/article/S1530-891X\(20\)44630-0/fulltext#t0060](https://www.endocrinepractice.org/article/S1530-891X(20)44630-0/fulltext#t0060)

A Review of Current Guidelines for the Treatment of Obesity (2022)

<https://www.ajmc.com/view/review-of-current-guidelines-for-the-treatment-of-obesity>

### **Osteoporosis**

American Association of Clinical Endocrinologists/American College of Endocrinology Clinical  
Practice Guidelines for the Diagnosis and Treatment of Postmenopausal Osteoporosis—2020  
Update

<https://www.sciencedirect.com/science/article/pii/S1530891X20428277>

### **Otitis Media:**

The American Academy of Pediatrics (AAP) Clinical Practice Guideline

<https://publications.aap.org/pediatrics/article/131/3/e964/30912/The-Diagnosis-and-Management-of-Acute-Otitis-Media?autologincheck=redirected>

### **Prevention**

US Preventative Service Taskforce

<https://www.uspreventiveservicestaskforce.org/uspstf/>

### **Radiology**

American College of Radiology (ACR) Appropriateness Guidelines

<https://www.acr.org/Clinical-Resources/ACR-Appropriateness-Criteria>

### **Rheumatology**

American College of Rheumatology:

<https://rheumatology.org/clinical-practice-guidelines>

### **Sexually Transmitted Infections**

Center for Disease Control and Prevention

<https://www.cdc.gov/std/treatment-guidelines/toc.htm>



### **Thyroid conditions**

American Association of Clinical Endocrinology Hypothyroidism, Hyperthyroidism, Thyroid Nodules

<https://pro.aace.com/clinical-guidance/thyroid>

### **Urological**

American Urological Association (AUA) Guidelines:

<https://www.auanet.org/guidelines-and-quality/guidelines>

To become an NAFNP Member, visit [NAFNP.org/join](https://www.nafnp.org/join).

**Disclaimer: The National Association of Family Nurse Practitioners (NAFNP) provides access to guidelines and recommendations developed by other professional associations and organizations as a resource for our members. Please note that these guidelines are not created, authored, or endorsed by NAFNP. We encourage users to review these materials critically and consult appropriate sources for additional clarification or updates.**